



Ted Alejandre, County Superintendent

San Bernardino County
Superintendent of Schools
Transforming lives through educ



Thursday, May 28
12:00pm

History Detectives 4th – 8th grades

Loyalist or patriot? What can the notes in a 1775 Almanac tell us about how the revolution may have strained family ties? Do these phonograph records called “Get Thin to Music” reveal Jack Lalanne, the media exercise guru of the 1920s? Did NASA unwittingly transport Andy Warhol’s art to the moon?

After watching this episode, choose from the following questions and/or tasks to extend your learning

Question Box 1

- What was this 1775 almanac inherited by his grandfather used for?
- What insight was provided by the scrawled notes found in the margin of this dusty old almanac?
- Who wrote within the margins?
- What role did the author play in the Revolutionary War?
- In the section about Jack Lalanne, how did Mary Fillman acquire the box of records?
- What does this box of old records reveal?
- What does Mary Fillman from Springfield Virginia wonder about her grandfather?
- Who was Wallace Rogerson?
- What is the connection between Wallace Rogerson and Jack Lalanne?
- What was the attitude shift in weight loss in the 1920s from the 1890s?
- Did NASA actually send an Andy Warhol picture to the moon?
- What six major artists had work transported to the moon?
- Explain how astronauts moved pictures to the moon in such a small rocket.

Question Box 2

- What did/do you enjoy about this program?
- Is the almanac (used as a diary) considered a primary or secondary source? Explain.
- What is the link between home technology and exercise now?
- Why would scientists of NASA feel it is important to have a “Moon Museum”? Use details, reasons, and evidence from the episode.

Box 3 (Tasks)

- Create a timeline of the elite artists and their work. Tell what each represented that depicts an important message for others to learn from.

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- Create a chronological timeline of the events that the History Detective shares.
- If you have created other timelines, where do you see similarities? Where do you see large gaps of time?

Box 4 (Enrichment)

- Gather six or more images of famous and not so famous artwork in a pamphlet or in a document. Tell the significance of each piece and justify why they should be inducted into a “Moon Museum”.
- Learn more about Andy Warhol; <https://www.theartstory.org/artist/warhol-andy/artworks/> Find something in your home and draw/paint in the style of Andy Warhol.

Box 5 (Extend/Real-Life)

- Notice the pictures hanging around your house. What type of message do they convey about your family?
- You own a company where the work is very stressful. You want your employees to be healthy and strong, so they don't call out from work. To support your employee's health, you provide them some quick exercise tips they can do on their breaks or at their workstations. Create a poster illustrating your quick exercise tips. Be sure to practice them yourself first because as the boss, it is important to lead by example.
- What types of businesses now focus on health and fitness? If you were to start this type of business, how would you attract customers? Create a flyer promoting your business/product.
- Share or write in your journal: Art is a way that you can express your feelings and can also help you stay calm when you are stressed. What are some other ways you stay calm in times of stress? Brainstorm different activities you can do to calm your body and mind.